

# Kara LBF Thaw & Serve Malted Wheat Half

# F00441

## Baguettes

Country of Origin: UK



### Product Description

A fully baked French style malted wheat half baguette with 3 diagonal surface burst cuts on top.

### Storage / Handling / Baking Instructions

**Store Frozen at -18°C or below.**

**To defrost:** Defrost thoroughly before use. Remove from case and leave in bag at room temperature for 1-2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight.

**Once defrosted do not refreeze.**

**Best served** This product can be eaten once defrosted. Alternatively pop in an oven at 200°C, Gas Mark 6 for a few minutes to warm through

### Ingredient Declaration

Wheat Flour, Water, Malted Wheat Flakes, Malted Barley, Salt, Wheat Bran, Yeast, Wheat Gluten, Barley Fibre, Emulsifier: E472(e); Flour Treatment Agent: E300.

**Contains:** Wheat, Gluten

### Nutritional Information

|                                   |         | Per 100g | Per serving |
|-----------------------------------|---------|----------|-------------|
| <b>Energy</b>                     | kJoules | 1058     | 1375        |
|                                   | kCal    | 249      | 324         |
| <b>Protein (g)</b>                |         | 8.3      | 10.8        |
| <b>Available Carbohydrate (g)</b> |         | 50.6     | 65.8        |
| of which sugars (g)               |         | 1.0      | 1.3         |
| <b>Total Fat (g)</b>              |         | 1.5      | 1.9         |
| of which saturates (g)            |         | 0.2      | 0.3         |
| of which mono-unsaturates (g)     |         | 0.4      | 0.5         |
| of which polyunsaturates (g)      |         | 0.5      | 0.6         |
| <b>Dietary Fibre (g)</b>          |         | 3.1      | 4.0         |
| <b>Salt (g)</b>                   |         | 1.4      | 1.8         |
| of which sodium (mg)              |         | 530      | 689         |

### Allergen Disclaimer

May contain **traces of Sesame Seeds**

**Recipe:** nut free, **Production site:** nut free, **Ingredients:** Although every reasonable precaution is taken we cannot 100% guarantee ingredients are free from nuts

### Suitable For

|             |   |        |   |
|-------------|---|--------|---|
| Vegetarians | ✓ | Halal  | ✗ |
| Vegans      | ✓ | Kosher | ✗ |

**Product is free from:**

GM ingredients, Hydrogenated Fats

### Shelf Life

|                                  |           |
|----------------------------------|-----------|
| <b>Frozen Life of Product</b>    | 12 months |
| <b>Shelf life once defrosted</b> | 2 days    |

### Product Data

|                            |  |                           |                       |                        |
|----------------------------|--|---------------------------|-----------------------|------------------------|
| <b>Product Weight:</b>     | 130g +/- 5g  | <b>Case Net Weight:</b>   | 5.2Kg                 | <b>Case Dimensions</b> |
| <b>Product Dimensions:</b> | Length 275mm +/-15mm,<br>Height 45mm- 55mm                         | <b>Case Gross Weight:</b> | 5.7Kg                 | <b>Length:</b> 591mm   |
| <b>No. in a Pack:</b>      | n/a  | <b>Cases per Layer:</b>   | 8                     | <b>Depth:</b> 246mm    |
| <b>Packs in a Case:</b>    | 40 units per case  | <b>Cases per Pallet:</b>  | 48                    | <b>Height:</b> 265mm   |
| <b>Traceability Code:</b>  | Best Before MMM,YY, Day of Year, Time (24hr) eg MAR 09 L8086 19:28 |                           | <b>Pallet Height:</b> | 1.752m                 |
|                            |  | <b>Barcode / EAN:</b>     | 05010066957847        |                        |

### Information Issued By

|                     |                 |                  |                            |
|---------------------|-----------------|------------------|----------------------------|
| <b>Name:</b>        | Katharine Peake | <b>Position:</b> | Specification Technologist |
| <b>Date Issued:</b> | 27.11.2012      | <b>Issue No:</b> | 006                        |

# Kara

The Foodservice Bakery Brand

For product information:

Call Customer Care on 0161 3512399

Or visit [www.karafs.co.uk](http://www.karafs.co.uk)