

Product: **Veg & Cheese Country Bake 110g**

Product Code:

Brand: **KaterVeg!**

KV2158

Pack Details

Contents	No. Pcs in Case:	20	Avg. Pce Wt:	110 g	Case Net Wt:	2.2 kg		
	Count/Wt per Inner:	10 / 1.1kg	Inners per Case:	2	Pack Size:	1 x 20		
Inners suitable for sale separately?:		No	Barcode Inner:	N/A	Barcode Outer: 05060062470321			
Palletisation	Cases per Layer:	30	No. of Layers:	9	Inners/Pallet:	540	Cases/Pallet:	270
Dimensions	Case mm:	200 x 200 x 170	Cubic ms:	0.007	Inner mm:	N/A	Commodity Code 2004 90 98 80	
Packaging Wts	Primary plastic:	26 g	Secondary plastic:	N/A g	Tertiary plastic:	N/A g		
	Primary board:	N/A g	Secondary board:	104 g	Foil/Aluminium:	N/A g		

Composition & Storage

Description: A mix of green beans, sweetcorn, carrot, potato and onion combined with medium mature Cheddar cheese, coated in crispy golden breadcrumbs.

Ingredients: Palm from a sustainable source, RSPO certificate number BMT-RSPO-001049
See Page 2.

Allergen Statement: For allergens, including cereals containing gluten, see ingredients in CAPITALS.

May Contain:

Meat Country of Origin: N/A **Store Frozen:** -18°C **Min Life on Del.** 203 **Days**

Preparation & Usage from Frozen

M/wave:	See Page 3.
Oven:	See Page 3.
Grill:	See Page 3.
Frying:	See Page 3.
Other:	See Page 3.

Dietary & Health Information

				Average Nutritional		Per serving	
				Per 100 g	110 g		
		Contains					
Suitable for Vegetarians	Yes	Milk / Derivatives	Yes	KJoules	854	939	
Suitable for Vegans	No	Egg / Derivatives	No	Kcals	204	224	
Suitable for Coeliacs	No	Soya	No	Fat (g)	8.1	8.9	
Halal Approved	Yes	SO ₂ /Sulphites >10ppm	No	<i>of which saturates (g)</i>	2.29	2.5	
Kosher Approved	No	Sesame Seeds	No	<i>of which monounsaturates (g)</i>	4.48	4.9	
Contains		Celery	No	<i>of which polyunsaturates (g)</i>	0.84	0.9	
Artificial colours	No	Mustard	No	Carbohydrate (g)	25.3	27.8	
Hydrogenated Fats	No	Peanuts / Derivatives	No	<i>of which sugars (g)</i>	6.9	7.6	
GM Ingredients/Derivatives	No	Fish	No	Fibre (g)	2.1	2.3	
MSG	No	Crustaceans / Shell Fish	No	Protein (g)	6.29	6.9	
Gluten as added Ingredient	No	Other Nuts	No	Sodium (g)	0.307	0.338	
Wheat & Wheat Derivatives	Yes	Lupin / Derivatives	No	<i>expressed in salt (g)</i>	0.77	0.85	
Other Gluten Cereals/Derivs	No	Molluscs	No	-----			
				Zinc (mg)			
				Iron (mg)			
				Ash (g)			
				Vitamin A (µg)			
				Vitamin C (mg)			
				Folate (µg)			
				Calcium (mg)			

Approved Date: 21/09/2021

Approved by: Christopher Stobart

Product: Veg & Cheese Country Bake 110g

Ingredients

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Vegetables (45%) (Green Beans, Sweetcorn, Carrot, Potato, Onion), Breadcrumbs (10%) (Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Yeast, Salt, Emulsifier (Mono- and Di-acetyltartaric Esters of Mono- and Di-glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid)), Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Medium Mature Cheddar Cheese (MILK) (7%), Skimmed MILK Powder, Sunflower Oil, WHEAT Semolina, Modified Maize Starch, Rapeseed Oil, Palm Oil, Salt, Maltodextrin, Whey Powder (MILK), Cheese Powder (Cheese Powder (MILK), Potato Maltodextrin, Salt), Lactose (MILK), MILK Protein, Flavourings (MILK), Yeast Extract, Parsley, Acid (Citric Acid), Spices (White Pepper, Cayenne Chilli), Butter Powder (MILK), Colour (Paprika Extract).

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Preparation & Usage from Frozen

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Microwave:

Oven:

Pre-heat oven to 220°C/430°F/Gas Mark 7. Place on a baking tray in centre of oven and cook for 20-22 minutes, turning halfway through cooking.

Grill:

N/A

Frying:

Pre-heat oil to 180°C/350°F and deep fry for 6 minutes. Drain well before serving.

Other Cooking or Serving Instructions:

Ensure Vegetable and Cheese Country Bake is piping hot throughout before serving. Do not refreeze if defrosted.

Product: Veg & Cheese Country Bake 110g

Product & Packaging

Product Code: KV2158

Lifestyle:



Outer Case:



Product: Veg & Cheese Country Bake 110g

Packaging Continued

Product Code:

KV2158

Inner Pack/Case:



Combination:



Product: Veg & Cheese Country Bake 110g

Packaging Continued

Product Code:

KV2158

Outer Label:

KaterVeg!
KV2158
Vegetable and Cheese Country Bake 110g
Net Weight: 1.1kg x 2 = 2.2kg
Case contains 2 bags of 10 Country Bakes 110g
A mix of green beans, sweetcorn, carrot, potato and onion combined with medium mature Cheddar cheese, coated in crispy golden breadcrumbs.

Ingredients: Vegetables (45%) (Green Beans, Sweetcorn, Carrot, Potato, Onion), Breadcrumbs (10%) (Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Yeast, Salt, Emulsifier (Mono- and Di-acetyltartaric Esters of Mono- and Di-glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Medium Mature Cheddar Cheese (MILK) (7%), Skimmed MILK Powder, Sunflower Oil, WHEAT Semolina, Modified Maize Starch, Rapeseed Oil, Palm Oil, Salt, Maltodextrin, Whey Powder (MILK), Cheese Powder (Cheese Powder (MILK), Potato Maltodextrin, Salt), Lactose (MILK), MILK Protein, Flavourings (MILK), Yeast Extract, Parsley, Acid (Citric Acid), Spices (White Pepper, Cayenne Chili), Butter Powder (MILK), Colour (Paprika Extract).

Nutritional Information:

	Typical Values Per 100g As Sold
Energy kJ/kcal	854/204
Fat	8.1g
Of which: Saturates	2.3g
Carbohydrate	25g
Of which: Sugars	6.9g
Fibre	2.1g
Protein	6.3g
Salt	0.77g

For allergens, including cereals containing gluten, please see Ingredients in CAPITALS.
COOKING INSTRUCTIONS, FROM FROZEN:
Oven: Pre-heat oven to 220°C/430°F/Gas Mark 7. Place on a baking tray in centre of oven and cook for 20-22 minutes, turning halfway through cooking.
Deep Fry: Pre-heat oil to 180°C/350°F and deep fry for 6 minutes. Drain well before serving.
Ensure Vegetable and Cheese Country Bake is piping hot throughout before serving.
Store at -18°C or below. Do not refreeze if defrosted. Suitable for Vegetarians.
Packed for KaterVeg! PO Box 14, Brackley, Northants, NN13 5FF
Made in the UK

050 60062 47032 1