

UNCLE BEN'S® Long Grain Rice 5kg



- **Size:** 5kg

Categories

- **By Allergy Advice:** Free From: Gluten
- **By Country of Origin:** BELGIUM
- **By Pack Type:** Bag - Plastic
- **By Brand:** Uncle Ben's
- **By Storage Type:** Ambient

Description

Serves 100. Gluten free. Uncle Ben's® Parboiled long grain rice offers consistent quality of separate grains. The unique patented process delivers a better tasting and lighter texture, whiter rice. Thanks to it's flexibility in cooking time and method, this Long Grain rice is perfect every time.

Allergy Advice

- **Free From** Gluten

Nutrition

	per 100g of cooked rice	**per cooked portion (%*)
Energy	664kJ / 157kcal	996kJ / 236kcal
Fat	0.5g	0.8g (1%)
of which saturates	0.0g	0.0g (0%)
Carbohydrate	34.2g	51.3g (19%)
of which sugars	0.2g	0.3g (< 1%)
Protein	3.3g	5.0g (10%)
Salt	0.00g	0.00g (0%)

**(based on 50g dry rice)

Manufacturer

UK: Freepost, Mars Food UK Ltd. IRL: Mars Foods Ireland Limited, PO Box 3856, Dublin 4.

Country

- **Country of Origin** Belgium

Packaging

- **Type** Bag - Plastic