



Michaels Wholesale Foods

Northdown Industrial Park, St Peters,
Broadstairs, Kent, CT10 3JP

Tel: 01843 604601

Fax: 01843 604603

Email: Info@michaels-wholefoods.co.uk

Web: www.michaels-wholefoods.co.uk

Finished Product Specification

| | | | |
|--------------------------|---------------|---------------------|-------|
| Product Name | Porridge Oats | Product Code | 20013 |
| Country of Origin | U.K. | | |

MANUFACTURER DETAILS

| | | | |
|---------------------------|---|------------|--------------|
| Name & Address | Michaels Wholesale Foods Ltd Northdown Industrial Park St Peters Broadstairs Kent CT10 3JP | | |
| Telephone | 01843 604601 | Fax | 01843 604603 |

INGREDIENT INFORMATION, DECLARATIONS, CLAIMS & CODING

| | |
|--|---|
| Statutory information (e.g. minimum cocoa solids, meat content) | |
| : Porridge Oats | |
| Allergen declaration (e.g. contains milk) | Contains: Cereals (containing Gluten) |
| Statutory statements | Not suitable for infants and young children under 3 years old. or those on special diets. |
| Unit weight / volume | 3000g |

SHELF LIFE & STORAGE CONDITIONS

| | |
|-------------------------------------|--|
| Maximum at production (Days) | Production + 270 days |
| Shelf Life Once Opened | Best Before Date on Label |
| Storage Instructions | Store in a cool, dry place, away from sunlight and strong odours |

NUTRITIONAL INFORMATION

| | Per 100g | Per pack | General %RI |
|----------------------------|----------|----------|-------------|
| Energy (KJ) | 1545.00 | 46350.00 | 0.00% |
| Energy (Kcal) | 367.00 | 11010.00 | 550.50% |
| Protein (g) | 11.90 | 357.00 | 793.33% |
| Available Carbohydrate (g) | 59.70 | 1791.00 | 778.70% |
| of which Sugars (g) | 1.00 | 30.00 | 33.33% |
| Fat (g) | 6.90 | 207.00 | 295.71% |
| of which Saturates (g) | 1.20 | 36.00 | 180.00% |
| Sodium (mg) | 0.00 | 0.00 | 0.00% |
| Salt (g) | 0.03 | 0.75 | 12.50% |
| Fibre (g) | 9.10 | 273.00 | 1137.50% |
| Alcohol (g) | 0.00 | 0.00 | N/A |



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FREE FROM INFORMATION

| Allergens | Present | Comments |
|-----------------------------|---------|----------|
| Fish | No | |
| Celery | No | |
| Sesame Seeds | No | |
| Soybeans | No | |
| Sulphur Dioxide & Sulphites | No | |
| Lupin | No | |
| Molluscs | No | |
| Cereals (containing Gluten) | Yes | |
| Crustaceans | No | |
| Eggs | No | |
| Milk | No | |
| Mustard | No | |
| Nuts | No | |
| Peanuts | No | |

| Suitable For | Yes / No | Comments |
|------------------|----------|----------|
| VEGAN | Yes | |
| VEGETARIAN | Yes | |
| HALAL | Yes | |
| KOSHER | Yes | |
| HALAL CERTIFIED | Yes | |
| KOSHER CERTIFIED | Yes | |

| Genetic Modification | Yes / No | Comments |
|----------------------|----------|----------|
| | No | |

Packed on premises that also handle Celery, Sesame Seeds, Soybeans, Sulphur Dioxide and Sulphites, Cereals (containing Gluten), Milk, Mustard, Nuts and Peanuts